

2. From the evil of what He has created,
3. And from the evil of the darkening (night) as it comes with its darkness; (or the moon as it sets or goes away),
4. And from the evil of those who practise witchcraft when they blow in the knots,
5. And from the evil of the envier when he envies.”

Sûrat An-Nâs (Mankind) CXIV

*In the Name of Allâh,
the Most Gracious, the Most Merciful.*

1. Say: “I seek refuge with (Allâh) the Lord of mankind,^[1]
2. The King of mankind —^[2]
3. The *Ilâh* (God) of mankind,
4. From the evil of the whisperer (devil who whispers evil in the hearts of men) who withdraws (from his whispering in one’s heart after one remembers Allâh).^[2]
5. Who whispers in the breasts of mankind.
6. Of jinn and men.”

^[1] (V.114:1) Narrated ‘Āishah رضى الله عنها: Whenever Allâh’s Messenger صلى الله عليه وسلم went to bed, he used to recite Sûrat Al-Ikhlâs (112), Sûrat Al-Falaq (113) and Sûrat An-Nâs (114) and then blow on his palms and pass them over his face and those parts of his body that his hands could reach. And when he fell ill, he used to order me to do like that for him. (*Sahîh Al-Bukhârî*, Vol. 7, *Hadîth* No. 644).

^[2] (V.114:2) The Statement of Allâh عز وجل: ‘The King of mankind.’

Narrated Abu Hurairah رضى الله عنه: The Prophet صلى الله عليه وسلم said, “On the Day of Resurrection Allâh will grasp the whole (planet of) earth (by His Hand) and shall roll up the heaven with His Right Hand and say, ‘I am the King. Where are the kings of the earth?’” (*Sahîh Al-Bukhârî*, Vol. 9, *Hadîth* No. 479).

^[3] (V.114:4) Narrated Abu Hurairah رضى الله عنه: Allâh’s Messenger صلى الله عليه وسلم said, “The (Hell) Fire is surrounded by all kinds of desires and passions, while Paradise is surrounded by all kinds of disliked undesirable things.”* (*Sahîh Al-Bukhârî*, Vol. 8, *Hadîth* No. 494).

* Inordinate desires and animalistic passions lead to the Fire while self-control, perseverance, chastity and all other virtues, and the obedience to Allâh and His Messenger صلى الله عليه وسلم lead to Paradise. What leads to Hell is easy to do while what leads to Paradise is difficult to do.